

Health

1 - Knows the availability and effective use of health services and information

High School (Grades 9-12)		
<p>9.1 The student will understand a variety of physical, mental, emotional and social changes that occur throughout life and how these changes differ among individuals.</p> <p>9.1.1 Examining these factors through young adulthood, pregnancy, middle age and old age</p> <p>9.2 The student will understand how physical, mental, social and cultural factors influence attitudes and behaviors regarding sexuality.</p> <p>9.2.1 Analyzing how such skills as the ability to cope, adjust, make decisions, communicate feelings, make and keep friends, care for others and show concern for the community influence individuals through the various stages of life</p>		

Health

1 - Continued

High School (Grades 9-12)		
<p>9.3 The student will know sound health practices in the prenatal period that are important to the health of the fetus and young child</p> <p>9.3.1 Diet, refraining from cigarette smoking or use of alcohol or other drugs, including exercise</p>		

Health

2- Knows environmental and external factors that affect individual & community health

High School (Grades 9-12)		
<p>9.1 The student will know how the health of individuals can be influenced by the community</p> <p>9.1.1 Information offered through community organizations, which will foster opportunities such as, volunteer work at hospitals, food banks, child care centers, walk-a-thon, etc.</p> <p>9.2 The student will know how individuals can improve or maintain community health.</p> <p>9.2.1 Becoming active in environmental and economic issues that affect health, assisting in the development of public health policies and laws, exercising voting privileges</p> <p>9.3 The student will understand how the environment influences the health of the community.</p>		

Health

2- continued

High School (Grades 9-12)		
<p>9.3.1 Environmental issues that affect the food supply and the nutritional quality of food</p> <p>9.4 The student will understand how the prevention and control of health problems are influenced by research and medical advances.</p> <p>9.4.1 Latest information on the prevention of cancer, STDs, AIDS, etc.</p> <p>9.5 The student will know how the health policies and government regulations impact health-related issues</p> <p>9.5.1 OSHA regulations, Right to Know laws, licensing laws.</p> <p>9.6 The student will understand how cultural diversity enriches and challenges health behaviors</p>		

Health

2- continued

High School (Grades 9-12)		
9.6.1 Various food sources of nutrients available in different cultural and ethnic cuisines, influence of cultural factors on the treatment of diseases; homeopathic remedies		

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3- Understands the relationship of family health to individual health

High School (Grades 9-12)		
<p>9.1 The student will understand methods to facilitate the transition from the role of a child to the role of an independent adult in the family</p> <p>9.1.1 Projected student biography</p> <p>9.1.2 Network with appropriate community resources; PFA (Partnership For Awareness)</p> <p>9.2 The student will know the effects of teenage pregnancy on teenagers, their children, their parents and society</p> <p>9.2.1 Practicing behaviors that support the decision to abstain from sexual activity, including self control, use of reason as a basis for action, self discipline, sense of responsibility, religious convictions or ethical considerations</p>		

Health

3- Continued

High School (Grades 9-12)		
<p>9.3 The student will understand the responsibilities inherent in dating relationships, marriage and parenthood</p> <p>9.3.1 Please see 9.2.1</p>		

Health

4- Knows how to maintain mental and emotional health

High School (Grades 9-12)		
<p>9.1 The student will know factors that influence personal selection of health care resources, products and services</p> <p>9.1.1 Applying criteria for selecting health services, products and information</p> <p>9.2 The student will know how to determine whether various resources from home, school and the community present valid health information, products and services</p> <p>9.2.1 Developing strategies for identifying and combating fraudulent health products, services and information</p> <p>9.3 The student will know local, state, federal and private agencies that protect and/or inform the consumer</p>		

Health

4- continued

High School (Grades 9-12)		
<p data-bbox="212 396 716 464">9.3.1 FDA, EPA, OSHA and local prosecutors office</p> <p data-bbox="212 508 737 686">9.4 The student will know situations that require professional health services in the area of prevention, treatment and rehabilitation</p> <p data-bbox="212 730 716 909">9.4.1 Persistent depression, prenatal and perinatal care, treatment or management of disease, alcohol or drug related problems, neglect and child abuse</p>		